

The

12 Basic Movements

of the

Zodiac

The Basic Movement of Aries

The coming into being
The impulse itself
The dynamic start
The strength of the be-ginning
The birth
The I
The first fire
The initiatic power

I do
I light
I start
I step into life courageously
I break through and initiate
because,
I am

**Aries: When the true I is coming forth to act and
initiate life in a thousand forms**

The Basic Movement of Taurus

The mothering earth
Sweet and warm
The joy of living in the body
Open senses touch all life
The rhythmic pulse is felt
Strong like a tree
Rooted and abundant
In the gentle slow growth
Of life
Providing for
Everything

I need
I get
I enjoy
I relax into the breath of life
I walk on the earth comfortably
pleasure is my friend

Taurus: When the earth reveals, matter is love

The Basic Movement of Gemini

Consciousness arises as
A question
And the trans-mission of information
Communication as
The spoken universe
The names of all things
Language starts to flow
And connect the people
Amusing light sounds fly
In my ears
Interested in everything

I learn
I think
I ask
I want to know
I say the word that is
naming the world

**Gemini: When the thought and the word are
created as the sound of god**

The Basic Movement of Cancer

The summer light opens
The feeling body
The mov-ing world of e-motion
The being resonates
Touched by existence
The eye (I) is receptive and still
The inner life is a well
The soul reaches down to all
Living im-pressions
Rich and naked
Picture by picture is passing by
Past and presen-ce are melting
Into the integrity of the flow of time

I open
I receive
I answer
I feel
I reflect

**Cancer: When one life touches another with the tender heart of a
child**

The Basic Movement of Leo

The shining self
The blossom
The expansion of the fire-core
The generous heart
Outgoing warmth
The joy of expression
The splendor of life
Yellow light
The light of nobility
Knowing to give
Spending delight
The recognition of fullness
The laughing god
The bright

I live

Leo: When the I is the living sun

The Basic Movement of Virgo

The economy of energy
Analysis and plan
Preciseness and
The rhythm of order
The body of concept
The microscopic eye,
Understanding structure
The anatomy of life
Attention for the smallest thing
Conscious of time and resources
Giving comes from serving matter
We harvest the fruit of work
Striving for the beauty of perfection
In composing the material world

I work
I plan
I look precisely
I re-serve

Virgo: When I ob-serve in order to serve

The Basic Movement of Libra

The entrance into dialogue
Consideration of each part
The I includes the you
The harmonic sense
The balanced view
Beauty in color and form
A body movement or a thought
Can be a dance
Performed in gracious lightness
The artful living
And the angel of e-quality
Even significance of
Sides and parts

I weight
I dance
I balance out
I word

**Libra: When beauty is found in the balance of
life**

The Basic Movement of Scorpio

The luminous magnetic bond with life
Unqualified intensity
The passionate wild waters of existence
Purification
Trans-forming from inside
Psychic strength
The married sexual and spirit current
The fires of experience
The being fights for freedom
Inner dyings birth into
Renewals
Of the continuously changing
Stream of life

I burn
I die
I change
I become what
I am

**Scorpio: When the I dies into the birth
of its new being**

The Basic Movement of Sagittarius

The world of possibilities
The fire of expansion
The opening of new horizons
Travel to the lands
That one has never seen
Jumping over continents
Going past all systems of believe
Being teacher and disciple
Giving and receiving knowledge
Trust in life
In the dynamics of the growth
Self development as the desire to Progress
And going further into the un-known

I believe
I trust
I extend
I grow
I go beyond

**Sagittarius: When the soul is venturing
toward the great**

The Basic Movement of Capricorn

Con-centration
The substantial
The nucleus of everything
The essence found in contemplation
Abstraction and
Simplicity
Responsibility in action
Setting down structures
Anchoring love in the world of form
Clear goals
Strong and pure intention
The adult I
Knowing the rules
Of con-sequential life
Taking on and finishing
Embodiment
Within the laws
Of gravity

I am true to myself
I strive
I function
I e-value
I center

Capricorn: When life is a commitment to reality

The Basic Movement of Aquarius

The creative air
The open mind
Freedom in spirit
The idea
That will change the world.
The birds look,
Original thinking
A new mode of perception
Insight, rising from the moment
Consciousness of evolution
Looking into the future
The dis-covery of the new
The sudden release
The tides of revolution
The wide un-bounded sky
The un-usual way
The surprising individual
Multiplicity in
Projects and expression forms
The incredible, comical world
Subject to wondering

I fly
I see
I free
I perceive
I create

**Aquarius: When the conscious I (eye) is living from a space of inner
freedom**

The Basic Movement of Pisces

The sea opens
The soul has reached the shore of the unknown
Separation breaks apart
Back into unity
A big wave: merging into
All the forms of live
End-less understanding from inside
En-compass-ing everything
In a movement of love.
The prayer
To be the hand and feet of God
The eternal I
Appearing in time
Through many faces
The magical child
Man and woman
The good and the bad, the low and the high
Or the wise old guide
But even the identified I
Never was really identified.

I trans-figure
I mirror
I render
I melt
I stream
I let go
I re-turn

Pisces: When life is tear-ing apart the veil of the hidden love